Common scenes in photographs and documentary films of the Cultural Revolution (1966–1976) are the human waves of male and female youths on Tiananmen Square eagerly presenting themselves as if they were graced by an audience with their idol, China's ruler, Mao Zedong. In their military uniforms, army caps, and Red Guard armbands, they wave Mao's “little red book,” with tears in their eyes, chanting “Long Live Chairman Mao!” These Red Guards of middle, high school, and university students served as the spearhead for Mao Zedong in his Cultural Revolution: a bloody political purge of Party cadres from top down, an anti-humanitarian tragedy in the name of revolution to eradicate everything old and Western, and a movement in the rhetoric of creating an egalitarian society. It affected a nation of 800 million people, and consumed the energy of China's youth even in distant parts of the country, but it resulted in the transformation of the Red Guard generation from the tool of Mao into thinking individuals.

MAO'S RED GUARDS

Directed by Chairman Mao, the May Sixteenth (1966) Notification of the Central Party Committee “sounded the bugle” to advance the Cultural Revolution, which was essentially Mao's purge of his political rival, Liu Shaoqi, the president of China, and Liu's supporters over power as well as policy issues. Its rhetoric declared a war on all "academic authorities," accusing them of opposing socialism, and representing ideas and culture of the bourgeois and exploiting classes. In the arsenal of weapons supporting Mao's Cultural Revolution, citizens loyal to Mao used big-character posters, public debates, criticism, and denunciation.

The response to Mao's call was swift. On May 25, 1966, instructed by the Maoist radical faction at the top, Nie Yuanzi, the Party branch secretary of the Philosophy Department of Peking University and six colleagues put up a big-character poster accusing the university authority of misleading the Cultural Revolution on campus. Four days later on May 29, a group of students from senior cadre families in the Qinhua University Middle School formed a Red Guard organization in rebellion against their teachers and administrators. Within days, several other middle schools in Beijing had their Red Guard groups established. On June 1, at 8 p.m., the central radio station, through its nationwide network, broadcast Nie's poster. The People's Daily published the poster with a commentary the following day. The Cultural Revolution began in earnest, causing chaos in schools. Mao was away from Beijing for about fifty days during this period. In his absence, the central government under Liu Shaoqi sent its work teams in the universities and middle schools in Beijing trying to dissolve the rebel groups. Liu had been clueless that Mao's Cultural Revolution had him as its target and intended these rebels as its shock force. In his letter to the Red Guards of the Qinhua University Middle School dated August 1, 1966, Mao openly stated “to rebel against reactionaries is correct. I want to extend to you warm support.” With Mao's endorsement, Red Guard organizations spread nationwide. Red Guard groups in middle schools, formed by those from senior cadre and working class families, became the dominant force in the Chairman's rebellion against the Party establishment he had once encouraged and now wished to destroy.

In August and September 1966, “red terror” seized China. The Red Guards attacked the “enemies of the people”—Party government cadres classified as “capitalist roaders,” teachers, artists, writers, intellectuals, former capitalists, landlords, the so-called rightists who were labeled for their open criticisms of the Party in 1957, and others labeled as hooligans and criminals. The Red Guards went searching their houses and confiscating their property. Violence,
bloodshed, killing, and suicide occurred. The Maoist Cultural Revolution authorities sanctioned or even directed the Red Guards’ violence. Particularly noticeable was the violence of female Red Guards. The first educator was beaten to death at the hands of female Red Guards of the elite Girls Middle School attached to Beijing Teachers University on August 5, 1966. These female Red Guards tortured Bian Zhongyun, the vice principal, and other administrators for three hours. Bian died soon after. Although notified of this incident that same day, the Beijing and Central authorities did nothing. Instead, they praised the rapidly spreading Red Guard movement.

On August 18, 1966, Mao gave his now famous “audience” to the thousands of Red Guards on Tiananmen Square. On the rostrum of the Tiananmen, Song Binbin, the head of the Red Guards from Bian Zhongyun’s school, presented a Red Guard armband to the Chairman. Mao asked her name, and when told that her name meant gentle and cultured, he remarked: “you want to be militant (Yaowu).” So Song changed her name to “Yaowu.” The next day, the Red Guards of Beijing middle schools embarked on their destruction of the Four Olds (old ideas, old culture, old customs, and old habits), changing street names and shop signs to conform to this new revolution. They smashed religious statues, destroyed temples and traditional architecture, and burned books. With the slogan “to rebel is justified,” the Red Guards traveled nationwide, “igniting the fires of revolution” in urban and rural areas, including Tibet and other ethnic minority regions. Mao inflamed their enthusiasm by giving more “audiences” to a total of twelve million Red Guards from all over China on the Square between August and late November of 1966.

The Red Guards of the middle and high schools, aged thirteen to eighteen in 1966, belonged to the first generation born in Communist China. In her influential Children of Mao, the sociologist Anita Chan explores how, even before the Cultural Revolution, education had already politicized these youths and induced in them what she has called an “authoritarian personality”—a mixture of political fanaticism and blind worship of Mao, as well as the spirit of self-sacrifice and concern for the public interest. Such a personality made them passionate participants in the Cultural Revolution. Historians have speculated on the exceptional violence of female Red Guards. Some argue that these young girls grew up under the policy of state feminism, the system of state support of gender equality through laws and the employment of women in the state sector. This instilled in them a sense of gender equality, and erased any sense of gender difference. For many young women, it meant that to behave like a man was a way to exert power. Thus, in the early days of the Cultural Revolution, female Red Guards gained confidence and enhanced their militant, masculine image with their army uniforms, army caps, and wide belts. Others see it as a result of a contradiction within Communist society. While China’s popular culture valorized female militancy and romanticized women warriors in posters, films and the arts, in reality, the traditional images of women as subordinate, gentle, quiet, and shy still prevailed. The violent participation of female Red Guards can thus be seen as “a rebellion against conventions of female behavior...” and part of the effort to eradicate old ideas.

Class-consciousness was strong among the Red Guard generation. The Mao government divided people into three broad categories. On the one side were the “red fives”—communist cadres, soldiers, martyrs, workers, and poor and lower middle class peasants. On the other were the “blacks”—former landlords, rich peasants, the Nationalists, bad elements (criminals), and rightists. In between was the gray category of clergymen, professionals, and intellectuals. The system placed the “reds” at the top of the political and social hierarchy, discriminated against the “blacks,” and urged the children of the bad classes to “draw a line” between themselves and their parents, and to reform themselves into true revolutionaries. This caste-like system instilled in the children of the senior cadre families a sense of being born “red,” and of being masters of the society. While China’s popular culture valorized female militancy and romanticized women warriors in posters, films and the arts, in reality, the traditional images of women as subordinate, gentle, quiet, and shy still prevailed. The violent participation of female Red Guards can thus be seen as “a rebellion against conventions of female behavior...” and part of the effort to eradicate old ideas.

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By December 1966, men and women in factories, government offices, and other work units had formed their own mass organizations. In January 1967, starting in Shanghai and then in other cities, these local Red Guards and rebel mass organizations seized power from the official Party and government apparatus, but they, in turn, were unable to maintain control when challenged by other mass organizations. Faced with the chaotic situation, and having achieved his goal of overthrowing Liu Shaoqi, Deng Xiaoping, and other rivals, Mao called in the People’s Liberation Army to restore order. The army and newly created Workers Propaganda Teams went to schools, provincial governments, and other institutions, establishing the revolutionary committees in place of the paralyzed bureaucratic apparatus.

By early 1967, the Red Guards of senior cadre families had become a threat to the Maoist leadership. When their own parents suffered persecution, they rebelled against the leaders of the Cultural Revolution, Madame Mao (Jiang Qing), in particular. Jiang ordered their suppression while she and the Cultural Revolution Leading Group supported the Red Guards from other social backgrounds, using them to continue the elimination of the so-called “capitalist roaders.” That fall, in October 1967, frustrated by Red Guard factional struggles and eager to search for an alternative to bring about true socialism, a group of ten Beijing middle school Red Guards volunteered to settle in Inner Mongolia as ordinary laborers. A month later, a group of 1,200 Red Guards of Beijing middle schools volunteered to settle on China’s northern frontiers in Inner Mongolia and Heilongjiang. A year later, on December 22, 1968, Mao Zedong issued a directive, urging students to go to the countryside to receive re-education from the poor and lower middle class peasants. The media glorified the Red Guards as having assumed a new historic mission. In reality, with middle school graduates sent into the countryside and university graduates assigned jobs or sent to work on farms, Mao Zedong brought to an end the increasingly troublesome Red Guard movement. 14

Some historians hold that the Ninth Party’s National Congress, held in April 1969, marked the official end of the Cultural Revolution. The Congress established Lin Biao as Mao’s successor. By then Liu Shaoqi and many cadres had lost their positions. 15 However, the current government of China and many scholars maintain that the Cultural Revolution did not end until after Mao’s death in September 1976. During this time, the power struggles at the top switched to those between Lin Biao and Mao. Lin died in a plane crash on September 13, 1971, having already fallen out of Mao’s favor. 16 Jiang Qing and other members of the Cultural Revolution Leading Group, later known as the Gang of Four, initiated a series of ultra-leftist policies, mass movements, and ongoing factional struggles by using the rhetoric of building an egalitarian socialist society. 17 This included an attack on internationally prominent political leader Zhou Enlai.

**THE “TRAGIC” END OF THE RED GUARDS**

**RE-EDUCATION IN THE MOVEMENT OF “UP TO THE MOUNTAINS AND DOWN TO THE VILLAGES”**

Rustication, the movement of “going up to the mountains and down to the villages,” was one of the mass movements glorified by the Gang of Four. Having its origins in the early 1950s, the movement propagated inspiring goals—the economic transformation of a backward rural and frontier China and a social revolution that could narrow the differences between urban and rural China. The Beijing Red Guards’ initiative in going voluntarily to the countryside in 1967 led to the high tide of the movement, as did Mao’s directive on receiving re-education. In reality, what sustained the movement was the not-so-widely publicized agenda of reducing the pressure of urban unemployment. From 1967 to 1980, sixteen million urban middle and high school students went to the countryside as “educated youths” with different levels of commitment, ranging from high idealism to a voluntarism created by political and peer pressure. Many went due to coercion. Among them, almost two million belonged to the “three old classes,” the graduating classes of 1966, 1967, and 1968 at both junior and senior high. They were the Red Guard cohort. 18 The rest of the educated youths, fourteen million in number, consisted of those who had entered the middle schools after 1966. 19 Their common life experience living in rural China through the Cultural Revolution gave them a collective identity as educated youths. 20

In rural China, like the peasants who made up eighty percent of China’s population, the educated youths had to endure back-breaking physical labor and the monotones of rural poverty. The harsh reality they encountered contradicted the official rhetoric. The government maintained that educated youths had the glorious task of building a new socialist countryside; the ruthless reality was that the arrival of so many urban people aggravated the existing problem of a surplus of laborers. Low productivity and the inability of farming units to obtain economic self-sufficiency were common issues. Worse still, the hard labor resulted in little change, and the efforts to conquer nature caused ecological destruction. It was ironic that when Apollo 11 landed on the moon on July 20, 1969, China’s own “modernization” program was to make urban, educated young men and women into peasants.
In addition, contrary to the glorious image portrayed by the Party, the peasants were uncooperative and motivated by practical, but not ideological concerns. Class struggle was not their priority. As much as they could, peasants resisted the ultra-leftist policies. Other problems plagued the student efforts. Among the local administration and the military and state farms, serious corruption, abuses of power, and the sexual harassment and rape of female youths, existed widely. An investigation of twenty-four provinces and cities conducted for the years 1969–1973 showed 23,000 documented cases of abuse of educated youths, of which seventy percent were rapes. What fundamentally shook the belief of educated youths in the Party was the Lin Biao Incident of 1971. Shortly after his death in a plane crash while trying to flee China, Lin was publicly accused of plotting a coup against Mao and his former supporters were purged. This made many youth lose confidence in the Maoist political system.

**TRANSFORMATION**

Faced with evidence that even Mao’s once close allies were challenging his policies, the educated youths began to question the meaning of the Cultural Revolution, the rustication movement, and their own lives. In searching for answers, as a social group they underwent a transformation from firm believers in Mao into independent, thinking individuals. They transformed their identification with the Party to identifying with the people. They developed a concept of the self, becoming aware of individual interests, individual aspirations, and realizing that the individual could be an agent for change.

The transformation came through self-study and exploration. In the countryside the Red Guards, who had been culture destroyers, now sought all kinds of knowledge. From the late 1960s, and especially after Lin Biao’s death, China’s youth gathered in numerous underground reading and discussion groups. They read and discussed translations of foreign works on politics, philosophy, and literature and Chinese works on various subjects. They questioned socialism, Stalin, China’s situation, Mao’s ideas, the concept of the bourgeois revolution, and the emancipation of the individual. Exchanging letters was another way to carry on their discussions. Zheng Yi, once a fanatic worshipper of Mao in 1966, formed a “political salon” in his rural village and from his studies, believed that he had “awakened from naiveté, changed from blind faith to science, from dream to reality, and from failure to struggle.” Disillusioned about the Maoist system, he later became a famous political dissident and writer. This widespread reading movement ended the innocence of this generation, and led them toward the Western concepts of democracy and basic human rights.

More fundamentally, the transformation came about because of their close contacts with peasants and the harsh realities of life in the countryside. The large body of reminiscences by former youths written in the post-Mao days dwell on one major theme—how, from peasantry through rural life, these “children of Mao” learned to be human. No longer obsessed with class struggle, class hatred, or self-negation, they describe themselves as discovering basic human values, empathy, and compassion for others and for one’s self. They became aware of their own inner feelings and desires. Li Junru’s recollection illustrates this well. Just one day after he had arrived in a village from Shanghai, the Party secretary of the production brigade gave him his first lesson: “Remember: tilling the land is for yourself.” Contrary to the only concept he knew that everything should be for the revolution, he learned that tilling for one’s self meant taking responsibility for one’s own life, learning to labor, to create, and to be in control.

The Chinese peasants might have appeared to the youth as ignorant, or cunning and selfish, but they had a vitality and inner strength that sustained them in their survival, regardless of politics. They could use the words of revolutions, class struggles, socialism, and capitalism. Yet they persisted stubbornly in their own moral and family values. When the Cultural Revolution destroyed books and intellectuals became criminals, the peasants maintained their respect for those with education. “If educated people are unreasonable, there is no sense in this world,” an elderly peasant remarked to a Beijing youth in Yan’an when he was bullying peasants. These words awakened the young man’s good conscience that had been frozen by the ice of the Cultural Revolution.

When sent down to live among the ethnic minorities, the youths from the dominant Han Chinese majority believed that they shouldered the heroic task of “civilizing” these backward ethnic peoples. However, the Han youths who were sent to Inner Mongolia concluded that the Mongols and their every-day resistance to the Han government prohibition of Mongolian culture (the commemoration of Chinggis Khan for example) aroused their ethnic consciousness and made them identify with the Mongols.

Zhang Manling, in her story There Exists a Beautiful Place (1984) which was subsequently made into the film Sacrificed Youth (1985), tells the story of a female educated youth, Li Chun, who was sent to a Dai ethnic minority village in Yunnan where the author herself had been sent. Living among the Dai people, the protagonist discovered how their world contrasted with her own. Whereas in the Han culture, sexuality and contact between the sexes was suppressed, romantic love was bourgeois, and the sense of beauty distorted, in the Dai culture, women were proud of their femininity and sexuality. They dressed in colorful tight skirts, bathed nude in the river, and enjoyed the freedom of Dai courtship customs. The protagonist’s own gender consciousness was awakened by this. This new woman wore Dai dress, learned to speak the Dai language, and tried to be one of them. Eventually, she left the village to go to a university. Although the story is fictional, this discovery of the inner-self and gender consciousness was experienced by many educated youths. From the common people with their “vulgar” jokes and “crude” love songs, these puritanical youths received “sex” education. They allowed themselves to fall in love. Candidly, Yang Rae described her sexual awakening and wild sexual dreams in her memoir, Spider Eaters. She came to understand: “I was not a rock. Nor a piece of wood. I was a healthy, strong, seventeen-year-old young woman, made of flesh and blood.”

From the early 1970s, while continuing to send urban students to the countryside, the government also recruited educated youths into urban jobs and universities, and permitted others to leave the countryside because of ill health or family difficulties. Like the protagonist in Zhang’s fiction, many youths chose to leave as an assertion of the self and recognition of their own interests. If one could not change the world, at least one could change his or her own life.

Resistance to the Cultural Revolution finally came into the open in April 1976. Around the Chinese traditional Qingming Festival that commemorates the dead, men and women in Beijing gathered in Tiananmen Square to mark the death of Premier Zhou Enlai, the opponent of the Gang of Four. Among them were former Red Guards and educated youths. In the midst of speeches and poems, some called out “China belonged to the Chinese people, not to a handful of conspirators.” Although silenced, what became known as the April Fifth movement marked the beginning of China’s pro-democracy movement under the Communist regime.
POST-MAO

Two years after Mao’s death in 1978, the Communist leadership under Deng Xiaoping decided on reform and relaxation of political and cultural control. Another wave of the pro-democracy movement arose through the forum of the Democracy Wall (late 1978–early 1979) when the former Red Guards posted poems for literary freedom and political essays on democracy. Around the same time, those educated youths still on the farms in Yunnan staged a major strike and organized a petition movement, which spread all over China, and contributed to the end of rustication in 1980. In post-Mao China, the former Red Guard-educated youths kept a collective identity, and have been a forceful support for post-Mao reform. Some became involved in devising 1980s rural economic policies and in film and art projects portraying rural China and ethnic minorities. They have a major voice in examining the Maoist era through reminiscences, research, and mass media. As its rhetoric claimed, the Cultural Revolution would touch people “to their very souls.” These “children of Mao” had truly undergone a revolution of the soul, though not the revolution the Chairman had envisioned in May of 1966.

NOTES

2. Yan and Gao, Turbulent Decade, chaps. 3, 4, and 5.
5. Yan and Gao, 88–89; MacFarquhar and Schoenhals, 110.
7. Mayfair Mei-hui Yang, “From Gender Erasure to Gender Difference,” in Mayfair Mei-hui Yang, From Gender Erasure to Gender Difference, in Mayfair Mei-hui Yang ed., Spaces of Their Own: Women’s Public Sphere in Transnational China (Minneapolis: University of Minnesota Press, 1999), 40–46.